

## What Facilitators Say About Pumpkin Hollow Retreat Center

We've made our biggest breakthroughs as an organization at Pumpkin Hollow. The space, the staff, and the environment put us instantly at ease.

*Nick Jehlen, Creative Director, The Action Mill*

The Hollow is such a sacred place. It offers a place of peace and sanctuary for deep personal spiritual work, growth and contemplation.

*Barbara Joyce, PhD, RN, Former President of NYS Nursing Association*

There were enough beautiful spaces for us to hold our various workshops, inside and out, and the well groomed paths and waterfalls were a joy to us all. I can't think of a nicer place to be at a retreat.

*Nicki Wilson, Unitarian Church of Great Barrington*

The natural beauty of the Hollow adds to the peace that you feel surrounding you when you are there, and makes those everyday little irritations we let stress us just seem to become inconsequential. The grounds are always lovingly cared for, and the emphasis on maintaining traditions and respecting nature is always apparent.

*Lucy Walker, Northeast Society for Shamanic Practitioners.*

I have been bringing my students to Pumpkin Hollow for an end-of-course retreat for ten years. The environment is sacred and peaceful, and the food – fantastic vegetarian. The Hollow is the 'glue' that brings the entire course together. Every year we return, it is like coming home.

*Carla Mariano, EdD, RN, FAAIM, Holistic Nurse Practitioner Program NYU College of Nursing*

Pumpkin Hollow offers an amazing space for holding and healing the devastating wounds of war. It's a magical place on the planet where Mother Earth holds the capacity to embrace and absorb the cries and heartache of raw pain, and where truth transforms brokenness into reconciliation, healing and home-coming. The Hollow creates a retreat opportunity that will live on in the lives of participants for years to come!

*Ed Tick, PhD, Director of Soldier's Heart and author of War and the Soul*

For over four years, our students have come to Pumpkin Hollow to learn about providing therapeutic music at the bedside. The lovingly-tended land and gracious volunteers and staff at Pumpkin Hollow have been an inspiring "container" for our intensive MHTP Modules. The unique environment at the Hollow enhances our creativity and willingness to stretch musical boundaries.

*Melinda Gardiner, Music for Healing in Transition Program*

For many years we of the Thich Nhat Hanh sangha have held retreats at Pumpkin Hollow and it holds a special place in our hearts because every aspect of Pumpkin Hollow contributes to the building of community we come on retreat to achieve. We love to come there because the very land itself is beautiful and peaceful. The staff welcomes us and makes us at home. The accommodations provide us with enough meeting space, plus land for walking meditation. The meditation hall itself is wonderful and flexible. I believe that any group deciding to hold a retreat at Pumpkin Hollow will find nourishment for bodies and souls.

*Linda Anderson, Thich Nhat Hanh Sangha*

Having a place like Pumpkin Hollow creates a healing energy that makes its way into the world to promote healing and I think it's imperative that there be such places.

*Kit Lane, RN, Silent Retreat*